

Scuola Iyengar Yoga, via delle Ruote 49, Firenze, tel. 055 480450

Livelli: **principianti (P), intermedi (I), avanzati (A).**

Lunedì	Martedì	Mercoledì	Giovedì	Venerdì	Sabato
	8:45-10:00 Lisi (P)	8:45-10:00 Lisi (P)	8:45-10:00 Lisi (P)	8:45-10:00 Lisi (P)	9:30-11:00 Edi (P)
14:00-15:15 Maddalena (P)	13:45-15:00 Paola (A)		14:00-15:15 Maddalena (P)	13:30-15:00 Paola (A)	
15:30-16:45 Sandra (P)		15:30-16:45 Sandra (P)			
17:00-18:15 Martina (P)			17:15-18:30 Martina (P)		
	17:30-18:45 Martina (P)			18:00-19:15 Martina (P)	
18:30-19:45 Martina (P)		18:30-19:45 Martina (P)			
	19:00-20:30 Paola (A)		19:00-20:30 Paola (A)		
20:00-21:15 Edi (P)		20:00-21:15 Edi (P)			
	20:45-22:00 Edi (P)		20:45-22:00 Edi (P)		

Paola	347 3590216	Martina	347 3353575	Lisi	339 5937191
Edi	380 2596007	Sandra	333 4022689	Maddalena	349 2942066

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15:30-16:45 Sandra (P)		15:30-16:45 Sandra (P)			
17:00-18:15 Martina (P)			17:15-18:30 Martina (P)		
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	19:00-20:30 Paola (A)		19:00-20:30 Paola (A)		
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